

Pascack Hills High School Wellness Center

The Pascack Valley Regional High School District is committed to meeting the social/emotional needs of all students. We realize some student and families could benefit from additional mental health services. The Pascack Hills Student Family Resource Liaison is available to provide services and/or link students and families to community resources.

What can the Student Family Resource Liaison offer to help?

- * Counseling (Individual, Group, and Family)
- * Psycho-educational resources
- * Community based resources and referrals
- * Intervention and Referral Services (I&RS)
- * Section 504 services
- * Mindfulness education & yoga instruction



Erica Franceski, LPC, ACS
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How does it work?

The SFRL/wellness office is located within the Guidance suite. Students are encouraged to drop in for counseling services during school hours or use email to set up an appointment. Families can contact the SFRL office directly through email or by phone. Our staff, in cooperation with our I&RS team, will also identify and refer students who are struggling with issues that impact their success at school.

Who is the SFRL counselor?

Mrs. Franceski is a Licensed Professional Counselor with a dual Master's Degree in Education and Counseling/Clinical Psychology. She served as a member of our PH school counseling team for 12 years and is experienced working with a wide range of adolescent mental health issues.

For more information contact Mrs. Franceski @ efranceski@pascack.org
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