

Pascack Valley Regional High School District SCHOOL COUNSELING NEWSLETTER Spring 2021

In this issue:	
Virtual College Fairs	
Hills/Valley Coalition Program	
Wellness Week/Testing Information	
Naviance Reminders	

### **Virtual College Fairs**



National Association for College Admission Counseling Guiding the way to higher education

#### Visit →https://virtualcollegefairs.org/events





Visit→ https://pages.collegeboard.org/big-future-days



PVRHSD and NVRHSD will jointly host our annual college fair, virtually on Wednesday, April 28, from 4:00pm –6:00pm. Additional details, including the event link will be forthcoming in late April.

## Unpacking Family Baggage: Healing from Trauma & Addiction

# Wednesday, April 14th, 2021

MENTAL HEALTH RESOURCE FAIR 6-7pm

KEYNOTE SPEAKER: Claudia Black, Ph.D. 7-9pm Meeting ID: 909 951 6173 Passcode: J3NvAP

Trauma begets trauma; addiction begets addiction; and each tends to beget the other. Both reverberate throughout a family system. Come and benefit from the years of experience of **Claudia Black**, **Ph.D.** as she will visually portray how we carry family of origin issues into our adult lives using the metaphor of the Baggage Cart, discuss trauma and addictions, and offer a 7-step path to a healing process.



Dr. Black's passion has been ageless and offers a foundation for those impacted by addiction, codependency, and mental health challenges. This will be an impactful evening!

#### ABOUT THE SPEAKER:

DEPRESSION

ANGER

EMOTIONAL BAGGAGE

**Claudia Black, Ph.D.** is a renowned addiction author, speaker, and trainer -internationally recognized for her pioneering and contemporary work with family systems, addictive disorders and treating complex addiction and mental health issues faced by youth and young adults. Dr. Black's expertise includes treating trauma and addictions. She empowers and strengthens families through treatment and her educational programs that address removing barriers to recovery in order to embrace multi-generational healing.



Dr. Black's books will be available at the event for purchase or order - CASH or CHECK only.



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The Hills Valley Coalition for Resilient Youth www.hillsvalleycoalition.org







